## ABSTRACT

A skeleton structure member made up of a skeleton member (11) having a cross-sectionally closed space (16, 33, 43, 63, 73, 83, 93) and multiple granules (17) packed inside the skeleton member. A granule flow allowing part (14, 42, 61, 71, 81, 92) for allowing movement of the multiple granules is provided inside the skeleton member and suppresses excessive rising of its internal pressure. This granule flow allowing part is provided in the vicinity of the multiple granules.

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